

October 2017

BREAKFAST Elementary

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday

319 Orange Cranberry Muffin **2**
367 Cinnamon Raisin Bagel
670 Fresh Fruit
750 Apple Juice

306 Apple Baked Frudel OR **9**
328 Chocolate Chip Muffin
752 Fruit Punch Juice
670 Fresh Fruit

327 Pillsbury Mini Maple Waffles OR **16**
366 Blueberry Bagel
670 Fresh Fruit
749 Apple Cherry Juice

307 Cherry Baked Frudel OR **23**
368 Plain Bagel
670 Fresh Fruit
691 Orange Amazin Raisins

370 Apple Fruit Pocket OR **30**
365 Cinnamon Frosted Flakes Pouch
670 Fresh Fruit
752 Fruit Punch Juice

Tuesday

329 Trix Cereal Bar OR **3**
303 Egg, Cheese & Turkey Bacon Toast OR
688 Applesauce
752 Fruit Punch Juice

304 Cinnamon Bagel-fuls OR **10**
366 Blueberry Bagel
750 Apple Juice
658 Dried Fruit Blend

359 Honey Scooters Cereal OR **17**
362 Raisin Bran
688 Applesauce
752 Fruit Punch Juice

351 Cinnamon Toast Crunch Cereal Bar OR **24**
325 Krave S'mores Cereal Pouch
647 Dole Mandarin Oranges
749 Apple Cherry Juice

315 Apple Cinnamon Toast OR **31**
319 Orange Cranberry Muffin
688 Applesauce
670 Fresh Fruit

Wednesday

369 Pillsbury Berry Blast French Toast OR **4**
370 Apple Fruit Pocket
608 Dole Tropical Fruit Cup
691 Orange Amazin' Raisins

351 Cinnamon Toast Crunch Bar OR **11**
325 Krave S'mores Cereal Pouch
670 Fresh Fruit
749 Apple Cherry Juice

309 Apple Jammer Sticks OR **18**
323 Apple Cinnamon Muffin
670 Fresh Fruit
658 Dried Fruit Blend

369 Pillsbury Berry Blast French Toast OR **25**
321 Banana Muffin
670 Fresh Fruit
688 Applesauce

338 French Toast Sticks OR **1**
366 Blueberry Bagel
690 Strawberry Amazin Raisins
749 Apple Cherry Juice

Thursday

305 Pancakes OR **5**
313 Cranberry Apple Rebel Crumble
670 Fresh Fruit
753 Orange Juice

359 Honey Scooters Cereal OF **12**
365 Kellogg's Cinnamon Frosted Flakes
642 Dole Mandarin Oranges
748 Grape Juice

304 Cinnamon Bagel-fuls OR **19**
367 Cinnamon Raisin Bagel
670 Fresh Fruit
748 Grape Juice

308 Strawberry Filled Bagel OR **26**
367 Cinnamon Raisin Bagel
697 Bagged Apple Slices
752 Fruit Punch Juice

350 Apple Cinnamon Cheerios Bar OR **2**
311 Cheese Omelet in Pita
608 Dole Tropical Fruit Cup
750 Apple Juice

Friday

321 Banana Muffin OR **6**
368 Plain Bagel
670 Fresh Fruit
749 Apple Cherry Juice

336 Pillsbury Strawberry Pancakes OR **13**
368 Plain Bagel
670 Fresh Fruit
696 Raisins

303 Egg, Cheese & Turkey Bacon Toast OR **20**
329 Trix Cereal Bar
670 Fresh Fruit
750 Apple Juice

337 Eggo Blueberry Pancakes OR **27**
322 Blueberry Muffin
670 Fresh Fruit
753 Orange Juice

304 Cinnamon Bagel-fuls OR **3**
328 Chocolate Chip Muffin
696 Raisins
670 Fresh Fruit